Prerequisites for Preservation by Naima Penniman

we're gonna need to get organized
live beyond boundaries
soften our hearts
talk to each other

we're gonna need to leave behind our baggage
relinquish our comfort
release our control
co-exist

we're gonna need to give up our addictions
confront our pain
ask for help
give more than we take

we're gonna need to dream bigger
work harder
get dirty
take time

we're gonna need to remember
we're gonna need to forgive
we're gonna need to let go
we're gonna need to let go

we're gonna need to feel fully
revive our intuition
make up our minds
enact change

we're gonna need to look at ourselves
reconcile our ignorance
sacrifice shame
make amends

we're gonna need to need less
peel away the nonessential

go hungry
break a sweat

we're gonna need to heal our fears
tell our secrets
share with our enemies
love ourselves
we're gonna need to study existence

refine our dreams

mediate our shadows

cure our disbelief

we're gonna need to practice magic

we're gonna need to cherish water

we're gonna need to grieve

we're gonna need to move on

we're gonna need to stay focused

we're gonna need to be strong

tend our commitment to beauty

fuel our devotion to truth

we're gonna need to pray

we're gonna need to follow through

endure burning

we're gonna need to

surrender
we're gonna need to trust
we're gonna need to give light
we're gonna give light
we are light
we are