

Prerequisites for Preservation by Naima Penniman

we're gonna need to get organized

live beyond boundaries

soften our hearts

talk to each other

we're gonna need to leave behind our baggage

relinquish our comfort

release our control

co-exist

we're gonna need to give up our addictions

confront our pain

ask for help

give more than we take

we're gonna need to dream bigger

work harder

get dirty

take time

we're gonna need to remember

we're gonna need to forgive

we're gonna need to let go

we're gonna need to let go

we're gonna need to feel fully

revive our intuition

make up our minds

enact change

we're gonna need to look at ourselves

reconcile our ignorance

sacrifice shame

make amends

we're gonna need to need less

peel away the nonessential

go hungry

break a sweat

we're gonna need to heal our fears

tell our secrets

share with our enemies

love ourselves

we're gonna need to study existence

refine our dreams

mediate our shadows

cure our disbelief

we're gonna need to practice magic

we're gonna need to cherish water

we're gonna need to grieve

we're gonna need to move on

we're gonna need to stay focused

we're gonna need to be strong

tend our commitment to beauty

fuel our devotion to truth

we're gonna need to pray

we're gonna need to follow through

endure burning

we're gonna need to

surrender

we're gonna need to trust

we're gonna need to give light

we're gonna give light

we are light

we are